

DEPRESSION

Lord God, I know You will go before me
and You will be with me always . . . I will not be afraid.
You tell me that You will never leave me nor forsake me.
I will not be afraid or discouraged.
Deuteronomy 31:8 (NIV)

O Lord, You are a shield around me.
You are my glory and the One who lifts my head high.
Psalm 3:3 (NIV)

Heavenly Father, Your eyes are on the righteous
and Your ears are attentive to my cry.
When I cry out, You, O Lord hear me, and deliver me from all my troubles.
Psalm 34:15, 17 (NIV)

Father God, I will wait patiently for You as Lord.
You turn to me and hear my cry.
You lift me out of the slimy pit, out of the mud and mire;
and You set my feet on a rock.
Then You give me a firm place to stand.
You put a new song in my mouth, a hymn of praise to You, O God.
I fear You alone, Lord. I put my trust in You.
Psalm 40: 1-3 (NIV)

O Lord God, Why is my soul downcast? Why I am I so disturbed?
I will put my hope in You.
I will praise You, yet as my Savior and my God.
Psalm 42:5 (NIV)

Lord, My soul is downcast within me therefore I will remember You from the land of the
Jordan, the heights of Hermon—from Mount Mizar. By the day, O Lord, You direct Your love. At
night, Your song is with me – a prayer to the God of my life. Why, my soul, are you downcast and
disturbed within me? I will put my hope in God. My Savior and My God, I praise You!
Psalm 42: 6, 8, 11 (NIV)

O God, I cried out to You for help.
I cried out to You to heard me.
When I was in distress, I sought You, O Lord at night I stretched out untiring hands.
And I would not be comforted. But I will be comforted by You as I seek You more!
Psalm 77: 1-2 (NIV)

Lord, You say that You will rescue me because I love You.
You will protect me for I acknowledge Your name.
I will call on You and You will answer me.
You will be with me in trouble.
You will deliver me and honor me.
With a long life, You will satisfy me and show me Your salvation.
Psalm 91:14-16 (NIV)

Lord God, I will not be afraid. You will not put me to shame.
I will not fear disgrace. I will not be humiliated.
I will forget the shame of my youth and remember it no more.
Isaiah 54:4 (NIV)

Lord, I will arise and shine for Your light has come.
The glory of You O LORD rises upon me.
Isaiah 60:1 (NIV)

Father God, I will humble myself under Your mighty hand
that You may lift me up in due time.
I cast all anxiety on You because You care for me.
1 Peter 5:6-7 (NIV)