

## Discouragement and Despair

Lord God, I find comfort in knowing that You are a shield around me,  
O Lord; You bestow glory on me and lift up my head.  
Psalm 3:3 (NIV)

Lord God, it is You that turns my wailing into dancing;  
You remove my sackcloth and cloth me with joy,  
so that my heart may sing to You and not be silent.  
O Lord my God, I will give you thanks forever.  
Psalm 30:11, 12 (NIV)

Lord God, though the thief comes only to steal and kill and destroy;  
I will trust in You, so that I might have life, and have it to the full.  
John 10:10 (NIV)

Lord God, I thank You for Your Word, so that in You I can have peace.  
I know that in this fallen world I will have trouble.  
But, I will take heart-knowing that You have overcome the world.”  
John 16:33 (NIV)

Lord God, I trust that You are working all things for good because I love You;  
I can find comfort in Your Promises because I have been called according to Your purpose.  
Romans 8:28 (NIV)

Lord God, You are my comfort in my troubles.  
Therefore, I will comfort those who are in trouble;  
freely giving what I have received from Your awesome love.  
2 Corinthians 1:4 (NIV)

Lord God, I may be hard pressed on every side, but I am not crushed;  
I may be perplexed, but I am not in despair. I will continually put my hope in You alone.  
2 Corinthians 4:8 (NIV)

Lord God, I will not lose heart. Though I may be outwardly wasting away,  
inwardly I know that You are renewing me day by day.  
I know that my troubles that are only light and momentary are achieving for me  
an eternal glory that far outweighs them all.  
2 Corinthians 4: 16, 17 (NIV)

Lord God, in my despair, I look to You, knowing that Your grace is sufficient for me;  
Your power is made perfect in my weakness.  
So I will boast all the more gladly about my weaknesses,  
So that Christ’s awesome power may rest on me.  
2 Corinthians 12:9 (NIV)

Lord God, I will trust in Your awesome love and power to work in and through me.  
I know that I can do everything through You who gives me strength.  
Philippians 4:13 (NIV)