

## Worry

Lord God, I will be anxious about nothing.  
In everything, through thankful prayer, I will let my requests be known to You.  
I trust that Your peace, which passes all understanding,  
will keep my heart and mind through Christ Jesus.  
Philippians 4:6,7 (NIV)

Heavenly Father, I will not worry,  
I will cast all my anxiety on You because  
I know that You care for me.  
1 Peter 5:7 (NIV)

Lord God, I thank you for keeping me in perfect peace  
because my mind is stayed on You and I trust in You.  
Isaiah 26:3 (NIV)

Lord God, I know that when I pass through the waters, You are with me;  
they will not overwhelm me. And when I must walk through the fire,  
the trials of life, I will not be burned; the flames will not overtake me.  
I know that You are with me.  
Isaiah 43:2 (NIV)

Heavenly Father, thank You for Your Word . . . Your Promises to me.  
I know that You have given me Your Word so that I might have peace.  
Though my world is full of tribulation, I will be of good cheer  
because I know that You have overcome this world.  
John 16:33 (NIV)

Lord God, I will not worry because You have commanded me not to.  
I will stand strong in my faith and refuse to worry about this life.  
I know that I cannot add anything to my life by worrying.  
I will focus on You and Your kingdom, trusting that when I do,  
You will provide for my every need.  
I will only concern myself with today, trusting in Your grace  
to be more sufficient for my every need.  
Matthew 6:25-34 (NIV)